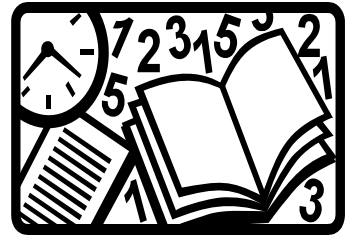


# LifeSkills

## Curriculum Training



**Elementary School Level – Grades 3-4-5 or 4-5-6**  
**Middle School Level – Grades 6-7-8 or 7-8-9**

**LifeSkills** is a proven, highly effective, substance abuse prevention program designed to: provide students with the necessary skills to resist social pressures to smoke, drink and use drugs; to help them develop greater self-esteem, self-mastery, and self-confidence; to enable children to effectively cope with social anxiety; to increase their knowledge of the immediate consequences of substance use.

The **Elementary level** is for implementation in grades 3-4-5 or 4-5-6 and it consists of 8 lessons for each of the three years. The **Middle School level** is for implementation in grades 6-7-8 or 7-8-9 and it consists of 15 lessons the first year, 10 lessons the second year and 5 lessons the third year.

### Target Audience

Teachers & School Counselors, Prevention Advocates, Safe & Drug-Free School Coordinators, School Nurses

### Workshop Goals

The goal of the teacher-training workshop is to provide participants with: an understanding of how and why the LifeSkills Training (LST) program works; an overview of the theory and research supporting the program; an exploration of the curriculum; modeling of key teaching skills; and increased confidence in teaching the LST prevention education curriculum

### Cost

\$20.00 per participant. Your District's Title IV funds may be used to cover expenses such as substitute teacher pay, mileage, etc. We do accept purchase orders and **checks payable to Human Service Agency** or we can bill your school/agency after the training.

### Credit

Application has been made for participants to receive 1 graduate and undergraduate credit through Augustana College which will cost an additional \$50.00. Application has been made for Teacher Renewal Credit through the Department of Education at no extra charge. CCBT's for CD Certified or Prevention Certified through the CBADP and SD Board of Counselors Examiners credit is available at no charge.

### Curriculum

Prior to the training, participants will be sent an email in which they will be asked to decide which level of the LifeSkills Training Curriculum they would like to receive. The SD Tobacco Program will provide additional LifeSkills materials, including teacher manuals and student guides to schools who commit to implementing the curriculum for at least one full school year. More information about this opportunity will be available at the training.

# LifeSkills Curriculum Training

June 25–26, 2007

8:00–4:30 p.m. each day

## Cedar Shores Resort and Hotel

*1500 Shoreline Drive, Chamberlain, SD 57325*

*1-888-697-6363*

This workshop includes lunch on site both days. A block of rooms has been reserved at Cedar Shores. Summer rates at Cedar Shores are \$89.00. State rates are \$45.00 and are available for those with State Employee Identification. Participants are responsible for making their own reservations and for their room charges.

## Registration Information

The direct link to on-line registration is:

<https://apps.sd.gov/Applications/DE49TrnTracker/Secure/AvailableClasses.aspx>

For additional information, please contact Diane Madsen, Training Coordinator, at (605) 886-0123.

**ADA Disclaimer:** Notice is further given to individuals with disabilities that this workshop is being held in a physically accessible place. Please notify Diane Madsen, Training Coordinator, within two weeks of the workshop if you have special needs for which this agency will need to make arrangements. The telephone number for making special arrangements is (605) 886-0123. Request of alternative formats and/or interpreters may include:

- ☐ Disk
- ☐ Braille
- ☐ Large Print
- ☐ Interpreter
- ☐ Other Access Request
- ☐ Special dietary concern

## **SPONSORS**

Departments of Education and Health - Coordinated School Health, Department of Health – Tobacco Control Program, Department of Human Services – Division of Alcohol and Drug Abuse, Human Service Agency – NE Prevention Resource Center, Volunteers of America Dakotas – SE Prevention Resource Center, Youth & Family Services – Western Prevention Resource Center